



Social/Emotional Learning (MLSS)

2022-2023 District Student Services Team

The School District of the Menomonie Area (SDMA) Student Services Team is made up of 10 School Counselors, 2 Dean of Students, 4 School Psychologists, 2 School Social Workers, 1 Behavior Coach, 1 School Nurse and the Director of Student Services.

Multi-Tiered Systems of Support

There are three tiers of support in Multi-Tiered Systems of Support. Each tier is an additional layer of support. SDMA defines each tier in this way:

- Tier I - Universal services available to all
- Tier II - Targeted services available to some
- Tier III - Individual services specific to one, typically involving outside services

Social Emotional Learning (SEL) Curriculums/Resources

Tier I

- Second Step - K-5
- Second Step Bullying Prevention - K-5
- Second Step Protective Behaviors - K-5
- Zone of Regulation - K-8
- Character Strong - 6-8
- MindUp - K-5

Tier II

- WeThinkers - 4K-2
- SuperFlex - K-6
- Strong Teens - 9-12
- Lions Quest - 9-12
- Girls in Real Life Situations
- Learning to Breathe - 9-12 (add for 23-24)

Social/Emotional Learning Competencies Learning Maps

Maps were created by the student services team in the 20-21 school year.

- [Social/Emotional Learning Competencies Learning Map K-5](#)
- [Social/Emotional Learning Competencies Learning Map 6-8](#)
- [Social/Emotional Learning Competencies Learning Map 9-12](#)

Elementary School Student Services

School Counselors (Stacy Lee, Lindsay Horvatin, Nicole Nelson and Bretta Snyder), School Social Workers (Shanda Henning and Jennifer Hovde), Behavior Coach (Amy Wamboldt) and School Psychologists (Marisa Winder, Jodi Preston, Tyler Miller and Alli Kocik) work collaboratively together to provide a multi-tiered support to meet the mental health needs of students.

Tier I

- Teach lessons in every K-5 classroom meeting Wisconsin School Counseling Standards-changing to Wisconsin SEL Competencies (500 minutes)
 - [Second Steps](#) - Child Protective Behaviors and Bullying Prevention Units included.
- “RAK” club - Random Acts of Kindness, Oaklawn student group focusing on kindness acts (ex. recess helpers) in the school building and community acts of kindness (ex. Pick up garbage)
- [Unity Day](#) Activities
 - Show your support by wearing orange
 - Unity Tree - students wrote on leaves ways to show kindness or what kindness sounds like
 - Video - What is Unity Day -
- Monthly all school meetings – re-teaching of expectations, recognizing students and staff who demonstrate positive behaviors, & cooperative games
- Student Services Team weekly meetings - looking at data to determine the needs of the students and provide a wraparound support
- Project SAM (over 200 bags each week)

Tier II

- “One Caring Adult” or “Starfish”- identified students, with limited adult connections, are unknowingly paired with a staff member who makes extra contacts with them each week
- Student Assistant Team bi-monthly meetings - meet on students with 2 or more discipline referrals or parent/teacher referral
 - Using the Student Intervention Matching Form ([Sim-Form](#))
 - Make a Connection - for students who need a positive connection at school or regulating their emotions (River Heights)
 - Facilitating and monitoring students using class pass/designated safe spaces
 - School-Based SEL Groups - School Counselors, psychologists, and social workers
 - SuperFlex Group, WeThinkers, Friendships Groups, Anxiety Support, Second Step, Zones of Regulation
 - Check In - Check Out (CICO) greeter for students needing a Tier 2 behavioral intervention (56 students)

- Provide safe place for students to calm down, take state tests in small group w/counselor to reduce anxiety
- Individual Counseling Sessions - for school-related concerns such as anxiety, friendship skills, organization, ADHD

Tier III

- Assist families in the referral to outside agencies for high levels of care (residential or day treatment facilities) and support the transition back to school
- Individualized sensory breaks or breaks with pupil services staff
- Attend county Coordinated Services Team (CST) and Children's Community Options Program (CCOP) meetings
- Matching a student to be a student helper in the physical education department (River Heights)
- Safety Planning and Crisis Intervention
- Coordinating referrals for Big Brother/Big Sister
- Hardship/Scholarship coordinator for Boys and Girls Club

Middle School Student Services

School Counselors (Jason Mountin, Nancy Horner and Adrianna Harrison), and School Psychologist (Alli Kocik) work collaboratively together to provide a multi-tiered support to meet the mental health needs of students.

Tier I

- [Character Strong](#) - weekly lesson led by CARES teacher
 - SEL Calendar of activities and lessons for CARES/Homeroom
 - Weekly Character Dares
- Administered the Youth Risk Behavior Survey (YRBS) in Spring 2023 (results are delayed)
- School-wide week long Unity/Leadership Challenge - leadership lessons, anti-bullying lessons
- Autism Awareness Week: penny drive, activities and lessons created by students to help raise awareness about Autism and promote inclusion
- [Anti-Bullying Pledge](#)
- CARES core values – quotes of the week, poster contest, words of the month
- Weekly student recognition – Doing What's Right Matters
- Bi-Weekly SAGA Meetings (Straight Gay Alliance)
- Helped with Wellness Night Menomonie High School
- Project SAM

Tier II

- SEL groups - School Counselors
 - Social Skills Support, Mindfulness Support, Friendship Skills & Peer Support.
- Tier II Intervention (Check In-Check-Out, Class Pass, Self-Monitoring Intervention)
- School-based counseling

- Collaboration with Menomonie Police on [Mentor Chippewa](#)
- Assist in managing behaviors and creating behavior plans within the building
- Machine Shed Mentoring Program through YRT

Tier III

- Assist families in the referral to outside agencies for high levels of care (residential or day treatment facilities) and support the transition back to school.
- Safety Planning and Crisis Intervention
- Created and implemented and monitored plans of actions for students with chronic suicidal ideation/self-harming behaviors
- Partnered with law enforcement and county social workers on a variety of student/family situations
- Manage student 504 plans
- Manage Gender Support Plans for students
- Provide aid to families who have experienced damage because of natural disaster
- Provided aid to families who have experienced homelessness
- Connected families with community resources (C-3, Stepping Stones, Bridge to Hope, county level programs, etc.)
- Connected families with counseling resources within the community/county

High School Student Services

School Counselors (Angie Ruchti, Kayla Windt, Lee Vang and Paula Haugle), and School Psychologist (Tyler Miller) work collaboratively together to provide a multi-tiered support to meet the mental health needs of students.

Tier I

- Link Crew - Transitions program for incoming freshmen facilitated by juniors and seniors
 - Freshman First Day
 - Fall Activity (Halloween Movie Night)
 - Winter Holiday Activity (Holiday Reflections)
 - Cookies and Cram - Reconnecting w/ freshmen “crews” and exam prep
 - Spring Holiday Activity (Team Building Easter Egg Hunt)
 - May Day
- What Happened to You documentary, followed by a mental health panel presentation
- Administered the Youth Risk Behaviors Survey (YRBS) on April 24th, 2023. Presented previous YRBS to staff and to the SDMA board
- Embedding resilience-centered concepts into the core curriculum for Freshman English
- Health Class Presentations
 - Question, Persuade, Refer (QPR) Instruction - All freshman
 - LGBTQ+ and Gender Identity
- Suicide Awareness in English classes
- Freshman and Junior conferencing

- FACS Classroom Presentations regarding career awareness for School Counselors and School Psychologist
- Created Google Classroom for each grade level to communicate with every student important information, including scholarships and graduation details
- Use of Google Voice cell phone/text option to communicate with students and parents
- National Mental Health Hotline number printed on the back of all student ID cards
- Student “Kiosk” link in HS Student Portal to make a direct appointment with a student services staff member
- Project SAM - 8-10 bags per week.
- Maintained a “School Store” downstairs that houses free clothing, hygiene products, etc.
- Academic & Career Planning
 - Presentation to all freshman on career “soft skills” from McDonald’s
 - Information shared through “Mustang Mondays” using Xello career planning online tool
 - UW Stout - application day
 - Financial Aid presentation during parent/teacher conferences
 - “Career Chats” offered in partnership with Chippewa Valley Technical College (CVTC) with various sessions open to all students 9th-12th grade during Study Hall on different career pathways.

Tier II

- Readiness class infuses and implements resiliency, mindfulness and SEL strategies into core curriculum
- FLOW (For Learning Our Way) class that focuses on pre-teaching and re-teaching of academic skills needed to pass required classes for graduation.
- Partner with the Youth Response Team (law enforcement, human services & school district) to help families access & pay for mental health services, AODA services, mentoring, and gym memberships (physical health & indirect mentoring)
- School-based counseling, short term
- Partnership with UW-Stout Mental Health Program to provide free, on-going mental health services at school until December 2023.

Tier III

- Assist families in the referral to outside agencies for high levels of care (residential or day treatment facilities) and support the transition back to school.
- Safety Planning and Crisis Intervention
- Management of 504 plans (48 current plans)
- Management of Gender Support Plans (11 student plans)
- School Psychologist and School Counselors provide one-to-one mental health support for students.

School Social Work Highlights

SDMA has two School Social Workers - Shanda Henning and Jennifer Hovde. They work primarily at our elementary schools but support families across the district. The primary responsibility is to work with students and families in need and connect them with community resources. Below are some of the activities they worked on this school year:

- Mental Health Navigation (assisting families access community-based mental health services)
- Supporting the needs of homeless students (referral for school or community services)
- Supporting the basic needs of students (clothing, school supplies, food)
- Supporting the emotional needs of students during the school day by providing Tier II support for students by facilitating groups that support social and emotional skills
- Providing Tier III individual counseling for students with mental health concerns, family related concerns, and social emotional skill building
- With administrative support, managing and implementing the School Based Mental Health Grant focusing on social/emotional learning
- Collaborating with community agencies (Stepping Stones) to support students and families
- Collaborating with administration and local human services to support and prevent truancy

Collaborative Community Partnerships to Support Student Wellness

The Student Services team is actively involved with other community organizations who also support mental health. Below is a list of the community partners:

- Menomonie Youth Response Team (YRT) consisting of Human Services, Menomonie Police and SDMA
- Crisis Services Stakeholders - Human Services
- Coordinated Services Team (CST) Coordinating Committee - Human Services
- Children's Community Options Program (CCOP) Coordinating Committee - Human Services
- Dunn County Truancy Committee - District
- Health Dunn Right Committee - Health Department
 - Mental Health & Wellness Action Team (subcommittee)
- Coordinated Community Response - Bridge to Hope
- Northwest Connections Crisis Center
 - Collaborative meeting held on April 19, 2023
- Mentor Chippewa - partnership with the Menomonie Police Department

Youth Risk Behavior Survey (YRBS)

The Wisconsin Youth Risk Behavior Survey (YRBS) is conducted as part of a national effort by the U.S. Centers for Disease Control and Prevention to monitor health-risk behaviors of the nation's high school students. The behaviors monitored by the Wisconsin YRBS include traffic safety; weapons and violence; suicide; tobacco use; alcohol and other drug use; sexual behavior; and diet, nutrition, and exercise.

*The [2019 and 2021 results](#) were presented to the School Board on Monday, January 9, 2023

Next Step Completed from the previous year

- Redesigning elementary Student Assistance Team (SAT) Tier II referral form
- Revised the [Student Assistance Team Process](#)
- Revising protocols with majors vs minors (staff managed behaviors vs office managed behaviors)
- Investigate SEL Screener
- What Happened to You book study - summer 2022 (35 participants) winter/spring 2023 (47 participants)
- Eight staff members participated in the Introduction to the Neurosequential Model in Education training during winter/spring of 2022. Four of the team members will go on to complete the train-the-trainer portion of this professional development in fall of 2023
- Aun Family Services - Parent Coaching (funded through Gets Kids Ahead Initiative)

Next Steps to expand and continue the great work

- Director of Student Services in Dunn County's Comprehensive Community Services (CCS) evaluation of the level of aptitude in the 10 principles of Wraparound
- Implement the SEL screener
- Add a behavior tab to the district's [RtI toolkit](#)
- Administration of the YRBS - middle and high school
- Elementary Tier I/II SEL Team to meet quarterly