What to do after being tested for COVID-19

SELF ISOLATE WHILE AWAITING TEST RESULTS



Stay home. This means do not go to work or out into the community.



Separate yourself from other people in your home. Complete separation means no contact, no time together in the same room, and no sharing of the same space. If possible you should use a separate bathroom.



Wash your hands often. Clean and disinfect surfaces routinely.

IF YOUR TEST COMES BACK NEGATIVE

If you have not been exposed to a person with COVID-19, continue to stay at home and self isolate until:



You have had no symptoms WITHOUT medication for 24 hours

If you did not have symptoms when tested:



Continue social distancing



If symptoms develop contact your healthcare provider

If you think you have been exposed to a person with COVID-19



Contact your local public health department for more information

If you are a healthcare worker or first responder

Contact employee health at your workplace

IF YOUR TEST COMES BACK POSITIVE

You will be contacted by your local Public Health Department for further information and instructions.

IF SYMPTOMS WORSEN



Call your primary care clinic



If you need emergency medical attention, call 911 and let them know you are being evaluated for COVID-19

