# What to do after being tested for COVID-19

### SELF ISOLATE WHILE AWAITING TEST RESULTS



**Stay home.** This means do not go to work or out into the community.



**Separate yourself from other people in your home.** Complete separation means no contact, no time together in the same room, and no sharing of the same space. If possible you should use a separate bathroom.



Wash your hands often. Clean and disinfect surfaces routinely.

# IF YOUR TEST COMES BACK NEGATIVE

If you have not been exposed to a person with COVID-19, continue to stay at home and self isolate until:



You have had no symptoms WITHOUT medication for 24 hours

#### If you did not have symptoms when tested:



Continue social distancing



If symptoms develop contact your healthcare provider

#### If you think you have been exposed to a person with COVID-19



Contact your local public health department for more information

#### If you are a healthcare worker or first responder

Contact employee health at your workplace

# IF YOUR TEST COMES BACK POSITIVE

You will be contacted by your local Public Health Department for further information and instructions.

# **IF SYMPTOMS WORSEN**



Call your primary care clinic



If you need emergency medical attention, call 911 and let them know you are being evaluated for COVID-19

